

Oregon Society of Clinical Hypnosis

Welcomes you to another great year

60th Annual Level 1 (Fundamental) Course in Clinical Hypnosis February 10-12, 2023 - 20 CEs

Online - Web-Based Format

Enjoy learning and practice from the comfort of your home or office

This course spans 3 days, providing 20 CE hours, including pending ethics credit. Course content is consistent with the American Society of Clinical Hypnosis Level 1 & Level 2 training guidelines. The course is a mix of didactic presentations, demonstrations, experiential exercises, and opportunity to practice in safe, faculty led small groups. Small group mentored practice is tailored to the learning needs and style of each participant. At the end of the course participants will have been taught the basic skills needed to utilize clinical hypnosis and begin using it in a practice setting.



An Evidence Based Clinical Intervention

- Integrates with numerous treatment modalities and treatment approaches
- Increase symptom resolution when incorporated with other treatments
- Effective In the treatment with depression, anxiety, PTSD and other disorders
- Effectiveness with both acute and chronic pain management
- Treat stress disorders, dental anxiety and bruxism
- When used with surgery, can reduce recovery time and medication needs

Course Dates: February 10-12, 2023

Scheduled Times: (Pacific Standard Time)

Friday 8:00 am late registration & check in
Friday 8:30 am - 6 pm
Saturday 8:30 am - 6 pm
Sunday 8:30 am - 3:30 pm

***Registration Cut Off - 2/4/23**

- OSCH Member
 Non-Member

| Payment by | Payment after |
|----------------|----------------|
| <u>1/27/23</u> | <u>1/27/23</u> |
| \$400 | \$500 |
| \$490 | \$590 |

**Student and Post Graduate Interns:
Please Inquire about fees**

Course Content Includes:

- Group Mentored Practice
- Neurophysiology of Hypnosis
- Elicitation, Intensifying & Reorienting Techniques
- Hypnotic Phenomena
- Hypnotic Communication
- Applying Hypnosis to your Practice
- Hypnosis with Children
- Handling Resistance
- Screening, Determining client fit for use of Hypnosis - Contraindications
- Ethical & Legal Issues in using Hypnosis

Course Participants: Interdisciplinary Licensed Health and Mental Health care providers with graduate degrees. (dentists, physicians, nurses, psychologists, LCSW, LMFT, LPC, physical therapists, etc.) Interns, residents, masters' degree and doctoral students in the above professions are also eligible to participate. Completion of Level 1 hypnosis training is necessary to register for the Level 2 course.

Register online at www.oregonhypnosis.org or email Treasurer@oregonhypnosis.org for mailing address for checks. Make checks payable to Oregon Society of Clinical Hypnosis. Students and residents please provide a written confirmation by a faculty member or registrar. For questions contact Debbie Benschung - (503) 957-1164 - @debbenschung@comcast.net